



PRACTICE PHILOSOPHY

Each patient is unique — a complex person with both physical and psychological needs. These needs are almost always interrelated. From the earliest days of my practice, I have believed that patients benefit from an integrated understanding, evaluation, and therapy that addresses both mind and body. That is why I chose to practice professionally in both psychiatry and counseling.

Some patients need counseling. Some need medications. Some need both. My practice is anchored on a holistic approach to patient needs, an approach I refer to with the acronym SPISES: Social, Physical, Intellectual, Spiritual, Emotional, and Sexual.

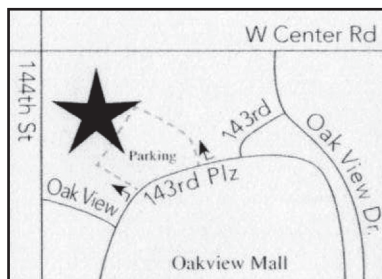
Finally, I believe that understanding a patient requires time and continuity. Most of my appointments are for a full hour. In my experience, this combination of time, attention, and treatment of the whole person results in therapy that offers the best prospects for a successful outcome.

Dr. Janice Kuhn is a psychiatric nurse practitioner and psychotherapist. She is a recognized expert on women's and sexual issues. For the past fifteen years, she has been integrating psychiatric care, medical care, and psychotherapy.

Dr. Kuhn received her M.S. in Counseling at Creighton University in Omaha, her Ph.D. from the University of Nebraska in Lincoln, and qualified as a psychiatric nurse practitioner at the University of Nebraska Medical Center in Omaha. Dr. Kuhn is a certified practitioner in Mental Health and Psychiatry.

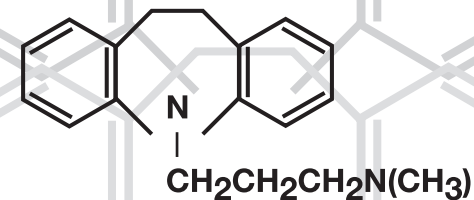
Dr. Kuhn has participated in more than 350 fellowships and workshops involving current psychiatric topics including: sexual dysfunction, infertility, sexual abuse, marital therapy, depression/anxiety, mood/eating/sleep disorders, grief counseling, hormonal changes, parenting, cognitive therapy, complementary alternative medicine, and therapeutic nutraceutical management.

Dr. Kuhn has hosted radio shows, published numerous articles in professional journals, and presented workshops nationally. Dr. Kuhn has participated in several research projects addressing both psychological and physiological issues in her areas of special expertise.



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PATIENT INFORMATION



Janice Kuhn APRN, Ph.D.

Psychotherapist
Psychiatric Nurse Practitioner

2727 South 144th St. Suite 235
Omaha, Nebraska 68144

Phone: 402-991-5511
Fax: 402-330-4897

Hours:
Monday, Tuesday, Wednesday, Thursday
8:00am to 4:00pm

www.drjanicekuhn.com

Welcome to our practice.

We appreciate the confidence you have placed in us. This brochure is designed to help you understand our practice and office procedures. If you have any questions, please feel free to ask Dr. Kuhn or one of our staff.

OFFICE HOURS

Monday, Tuesday, Wednesday, Thursday
8:00am to 4:00pm

APPOINTMENTS

Office visits are by appointment only. We will try to make yours as convenient as possible. Because emergencies sometimes arise in our practice, we may be delayed, or even have to reschedule your appointment. We apologize in advance for any inconvenience.

TELEPHONE

Our telephone policies are designed to allow us to take proper care of our patients with a minimum of interruptions. If you call to speak with Dr. Kuhn, a staff member will ask you several questions to determine the nature of the call. The office staff should be able to answer most of your questions. If not, Dr. Kuhn will be consulted and your call will be returned as soon as possible.

EMERGENCY/URGENT CARE

If facing a life threatening situation, please go to your nearest hospital emergency room or call 911 for assistance. When problems arise outside of normal office hours, please call our office number, 402-991-5511. This number is transferred to voice mail after hours and instructions as to how to reach Dr. Kuhn are available there. She, or the provider on call, will be available 24 hours a day for urgent non-life threatening matters.

PRESCRIPTIONS & REFILLS

To request a prescription refill, please have your pharmacist call our office. Requests for medication refills after normal office hours are on an emergency basis. Prescriptions and refills are issued during office hours only. Outside of office hours, when your medical record is not available, it is difficult to determine if the medication is appropriate or indicated.

MEDICAL RECORDS

Your medical records are maintained in strict confidence. No information will be released without your signed consent. Our standard practice is to provide your primary care physician with a report of our findings and treatment plans. Upon your request, we will not send such a report.

HOSPITAL CARE

If you should require hospitalization, Dr. Kuhn will transfer your care to the hospitalists and psychiatrists on staff. Once you have been admitted to the hospital, their psychiatric staff will assume primary responsibility for your care. In accordance with required practice, Dr. Kuhn will coordinate with your hospital care-givers and monitor your case. Office personnel will help to arrange your admission and assist in answering your questions.

BILLING AND INSURANCE

Payment for office services is expected at the time of each visit, if you do not have insurance. An itemized statement of your charges will be provided upon your request. MasterCard, Visa, and Discover cards are accepted.

If you have insurance coverage, we will file the claim for you. Any co-payment amount must be paid at the time of service. Please bring any required referral forms with you or you will be responsible for your charges. A statement will be sent for any balance due, and your prompt payment will be appreciated.

Even though a patient may have insurance and benefits are payable, the insurance contract is between the patient and the insurance company. Therefore, the prompt payment of our fees remains the direct responsibility of the patient.